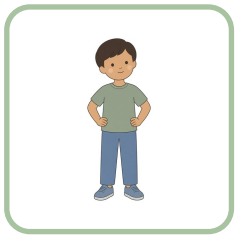
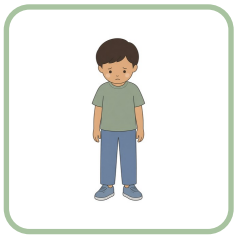
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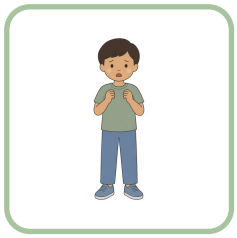
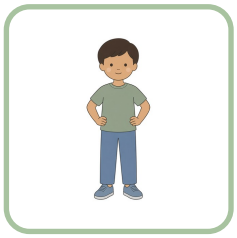
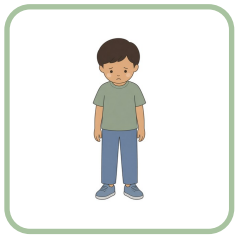
Circle the proud picture.

Look at the pictures. Circle proud.

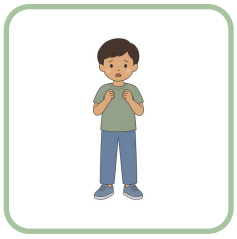
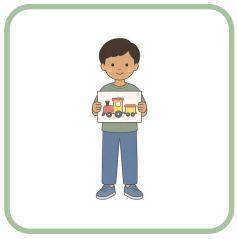
1


2

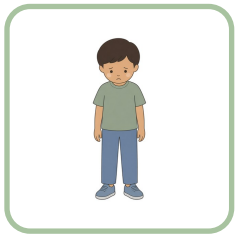




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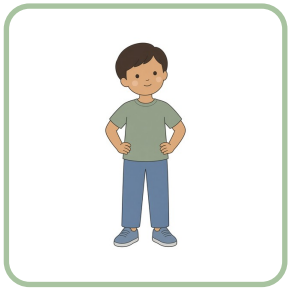
4





Trace the word.

Trace the word proud.



proud

proud

proud

Name: _____

Sam's proud moments: cut and glue.

Cut out the pictures. Glue them in the proud jar.

Glue here.

✂ Cut on the dashed lines.









How does proud look for you?

How does proud look for you? Circle your ways.









my way

Name: _____

Match the picture to the word.

Draw a line to the matching word.











- show
- stand tall
- I did it
- quiet proud
- small step

Fill in the word.

Pick a word from the box. Write it in the space.

shoes · bike · tall · jar



1. Sam tied their _____.



2. Sam rode a _____.



3. Sam stands _____.

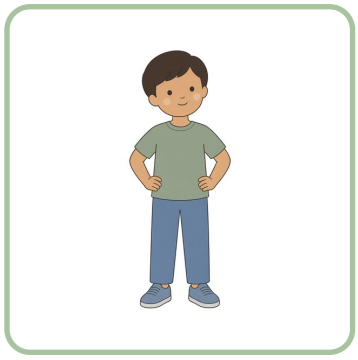


4. Sam puts a note in the _____.

Name: _____

First, next, last.

Put the pictures in order. Write 1, 2, 3.



Sam feels proud ☐



Sam fills the proud jar ☐



Sam ties their shoes ☐

Thumbs up or thumbs down.

Is it true? Circle thumbs up or thumbs down.

1. Small things can make me proud.

2. I can only feel proud if someone sees.

3. I can feel proud of a friend.

4. Proud always looks loud.

Name: _____

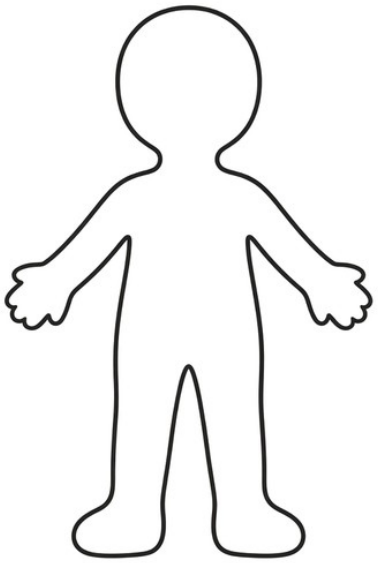
My proud jar.

Draw or write three things you are proud of.

1	2	3

My body and proud.

Where do you feel proud in your body? Color it.



- ☐ warm chest
- ☐ big smile
- ☐ standing tall
- ☐ flapping
- ☐ want to show
- ☐ bouncy
- ☐ quiet smile
- ☐ my own way: _____

Name: _____

What could I do?

Read the story. Draw or write what you could do.

1. “I finish a hard puzzle.”

2. “Nobody saw what I did.”

3. “Lee learns to ride a bike.”

Today.

Today I felt proud when...

How did my body show it?

Proud · Answers

For grown-ups

Name: _____

Answers

E1: row 1: sam proud; row 2: stand-tall; row 3: show-drawing; row 4: ride-bike
E2-E4: Any careful try counts. Every picture can go in the box. Any answer is right for the child's own ways.
D1: stand-tall = stand tall; show-drawing = show; quiet-proud = quiet proud; ride-bike = I did it; try-food = small step
D2: 1. shoes; 2. bike; 3. tall; 4. jar
D3: 1. Sam ties their shoes; 2. Sam feels proud; 3. Sam fills the proud jar
D4: 1. thumbs up (true); 2. thumbs down (not true); 3. thumbs up (true); 4. thumbs down (not true)
A1-A4: The child's own answers are all right. Suggestions:

Tips for grown-ups

- Praise effort and the child's own goals, not compliance ("you sat still").
- Help the child notice internal pride: "How do YOU feel about it?"
- Small steps count: touching a new food, trying a new place, asking for help.
- A proud jar or proud book lets the child collect moments to look back on.
- Some children dislike loud praise. Try a quiet thumbs up or a note.
- Celebrate what matters to the child, including special interests.