Level 1 · Emerging

Name: _____

My Morning Routine

1 Circle the picture that matches the word.

Wake up







Get dressed







Ready for school!







Level 1 · Emerging

Name: _____

My Morning Routine

2 Trace the words.



wake up



get dressed



ready for school

3 Cut and glue. What comes first, next, last?

1 First

2 Next

3 Last

✂ Cut on the dashed lines.







Level 2 · Developing

Name: _____

My Morning Routine

1 Number the pictures in order. Write 1 to 7.


☐

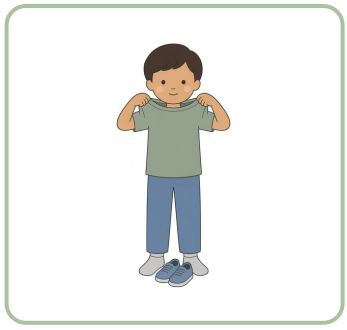

☐


☐


☐


☐


☐


☐

2 What comes next? Circle the picture.


→ ?






→ ?





Level 2 · Developing

Name: _____

My Morning Routine

3 Match the picture to the word. Draw a line.



- Wake up



- Eat breakfast



- Brush teeth



- Pack my bag

4 Fill in the missing word.

Word bank: eat · pack · brush

I _____ my teeth.

I _____ my breakfast.

I _____ my bag.

Level 3 · Applying

Name: _____



My Morning Routine

1 My morning routine. Draw or write 4 steps.

1

_____

2

_____

3

_____

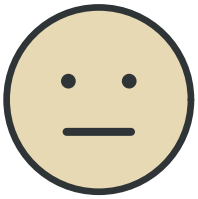
4

_____

2 How did my morning feel? Circle one.



Easy



OK



Hard

Level 3 · Applying

Name: _____

My Morning Routine

3 What do I do if...? Circle a good idea.

I can't find my shoe.



Look carefully



Ask for help

I can: _____

I wake up late.



Take a deep breath



Do one step at a time

I can: _____

4 My checklist for tomorrow. Tick each step.



Wake up ☐



Eat breakfast ☐



Brush teeth ☐



Pack my bag ☐



Use the bathroom ☐



Ready for school! ☐



Get dressed ☐



Answers & tips for grown-ups

Answers

- Level 1, part 1 (circle): Wake up; Get dressed; Ready for school.
- Level 1, part 3 (cut and glue): 1 wake up, 2 get dressed, 3 ready for school.
- Level 2, part 1 (number), left to right: 5, 1, 7, 3 / 6, 2, 4.
- Level 2, part 2 (what comes next): use the bathroom; pack my bag.
- Level 2, part 3 (match): brush teeth - Brush teeth, pack bag - Pack my bag, wake up - Wake up, breakfast - Eat breakfast.
- Level 2, part 4 (fill in): brush, eat, pack.
- Level 3: there are no wrong answers. Praise any safe, calm idea.

Tips

- Pick one level. Start with the easiest one, and stop while it is still fun.
- Read every word aloud. Point to each picture as you say it.
- Give extra time. Wait quietly before you help.
- Cutting and gluing can be done hand-over-hand or by a grown-up.
- Your child's real routine matters most. Change the order to match your home.
- Use the H5P games and audio on autistichub.com for more practice.