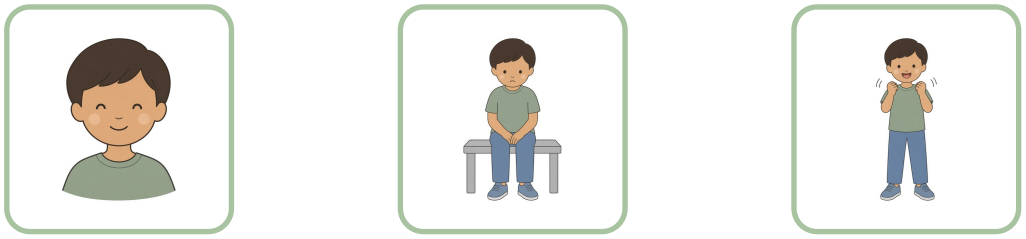
Name: _____

Circle the lonely picture.

Look at the pictures. Circle lonely.

1 

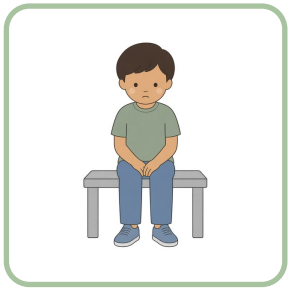
2 

3 

4 

Trace the word.

Trace the word lonely.



lonely
lonely
lonely

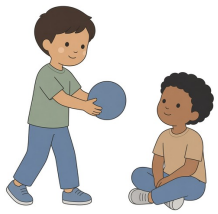
Name: _____

Things that help lonely: cut and glue.

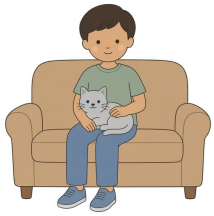
Cut out the pictures. Glue them in the help box.

Glue here.

✂ Cut on the dashed lines.









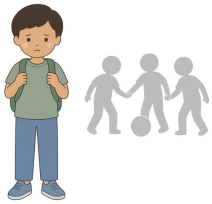
How does lonely look for you?

How does lonely look for you? Circle your ways.









my way

Name: _____

Match the picture to the word.

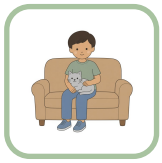
Draw a line to the matching word.











- watch
- ask to play
- video call
- alone and happy
- pet

Fill in the word.

Pick a word from the box. Write it in the space.

alone · call · cat · play



1. Sam plays _____ and smiles.



2. Sam has a video _____.



3. Sam pets the _____.



4. Sam asks, can I _____?

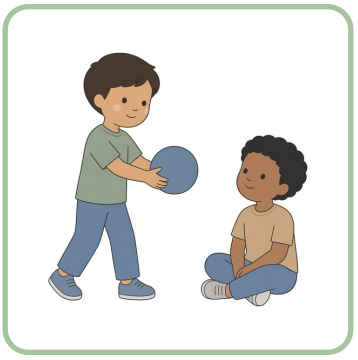
Name: _____

First, next, last.

Put the pictures in order. Write 1, 2, 3.



Sam plays with Lee



Sam asks, can I play?



Sam watches others play

Thumbs up or thumbs down.

Is it true? Circle thumbs up or thumbs down.

1. Alone is not always lonely.

2. Liking alone time is wrong.

3. A video call can help lonely.

4. Lonely means no one likes me.

Name: _____

My people list.

Draw or write three people or pets you like to be with.

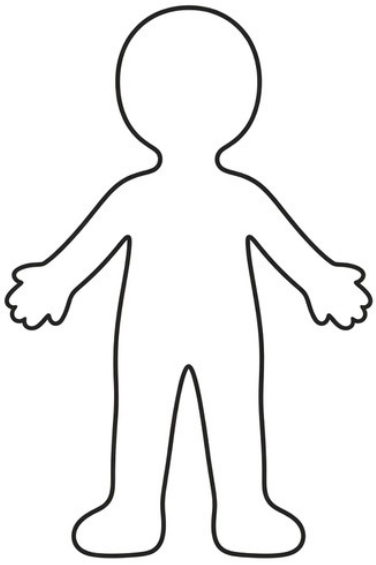
1

2

3

My body and lonely.

Where do you feel lonely in your body? Color it.



- ☐ heavy body
- ☐ empty tummy
- ☐ quiet voice
- ☐ tears
- ☐ want a hug
- ☐ want to watch
- ☐ tired
- ☐ my own way: _____

Name: _____

What could I do?

Read the story. Draw or write what you could do.

1. “I want to join a game at recess.”

2. “I am sick at home.”

3. “Lee sits alone.”

Today.

Today I felt lonely / I liked alone time when...

Lonely · Answers

For grown-ups

Name: _____

Answers

E1: row 1: sam lonely; row 2: watch-play; row 3: heavy-body; row 4: recess-alone
E2-E4: Any careful try counts. Every picture can go in the box. Any answer is right for the child's own ways.
D1: alone-happy = alone and happy; watch-play = watch; ask-to-play = ask to play; video-call = video call; pet-cat = pet
D2: 1. alone; 2. call; 3. cat; 4. play
D3: 1. Sam watches others play; 2. Sam asks, can I play?; 3. Sam plays with Lee
D4: 1. thumbs up (true); 2. thumbs down (not true); 3. thumbs up (true); 4. thumbs down (not true)
A1-A4: The child's own answers are all right. Suggestions:

Tips for grown-ups

- Respect a child's need for alone time. Alone is not a problem to fix.
- If the child wants company but finds joining hard, help with a script ("Can I play?") or a structured game.
- Interest-based groups (trains, drawing, coding) are often the easiest way to connect.
- Video calls, letters or drawings can keep friendships going during absences.
- Avoid "just go play with them". Help find a specific, doable step.
- Pets and parallel play (playing side by side) also count as connection.