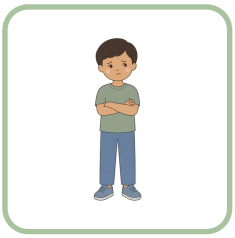
Name: _____

Circle the jealous picture.

Look at the pictures. Circle jealous.

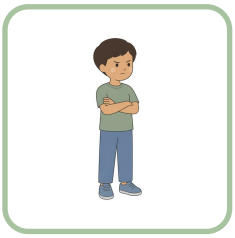
1





2





3





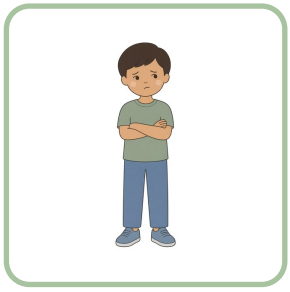
4





Trace the word.

Trace the word jealous.



jealous
jealous
jealous

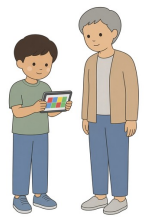
Name: _____

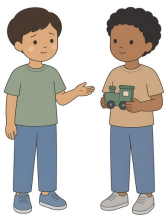
Things that help jealous: cut and glue.

Cut out the pictures. Glue them in the help box.

Glue here.

✂ Cut on the dashed lines.









How does jealous look for you?

How does jealous look for you? Circle your ways.









my way

Name: _____

Match the picture to the word.

Draw a line to the matching word.











- frown
- want
- ask for a turn
- timer
- stare

Fill in the word.

Pick a word from the box. Write it in the space.

train · turn · timer · first



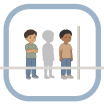
1. Lee has a new _____.



2. Sam asks for a _____.



3. The _____ shows when.

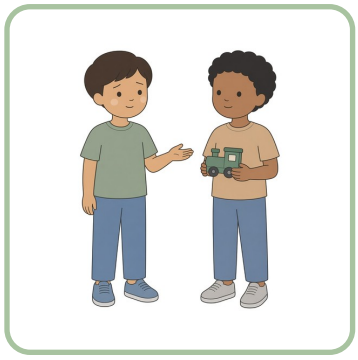


4. Lee is _____ in line.

Name: _____

First, next, last.

Put the pictures in order. Write 1, 2, 3.



Sam asks for a turn



Lee has a new train



Sam plays with the train

Thumbs up or thumbs down.

Is it true? Circle thumbs up or thumbs down.

1. Jealous is a feeling.



2. Feeling jealous makes me mean.



3. I can ask for a turn.



4. Grabbing is a way to get a turn.



Name: _____

My wish list.

Draw or write three things you wish for.

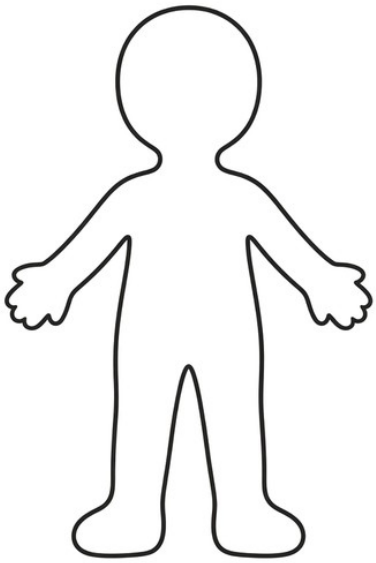
1

2

3

My body and jealous.

Where do you feel jealous in your body? Color it.



- [ ] tight tummy
- [ ] hot face
- [ ] fists
- [ ] staring eyes
- [ ] frown
- [ ] want to grab
- [ ] heavy chest
- [ ] my own way: _____

Name: _____

What could I do?

Read the story. Draw or write what you could do.

1. “My friend has a toy I want.”

2. “My teacher helps someone else.”

3. “Lee is jealous of me.”

Today.

Today I felt jealous when...

What did I do?

Jealous · Answers

For grown-ups

Name: _____

Answers

E1: row 1: sam jealous; row 2: stare; row 3: frown; row 4: new-train
E2-E4: Any careful try counts. Every picture can go in the box. Any answer is right for the child's own ways.
D1: stare = stare; frown = frown; new-train = want; ask-turn = ask for a turn; sam visual timer = timer
D2: 1. train; 2. turn; 3. timer; 4. first
D3: 1. Lee has a new train; 2. Sam asks for a turn; 3. Sam plays with the train
D4: 1. thumbs up (true); 2. thumbs down (not true); 3. thumbs up (true); 4. thumbs down (not true)
A1-A4: The child's own answers are all right. Suggestions:

Tips for grown-ups

- Jealousy is normal. Name it without shame: "You wish you had that too."
- Make turn-taking visual and predictable with timers.
- When attention is shared (new sibling, new classmate), plan short, reliable one-on-one time.
- Help the child turn the wish into a plan (a wish list, saving, a birthday list).
- Do not force sharing of special items. Some objects are personal; agree on which toys are for turns.
- Model it: "I feel a bit jealous of your new shoes. They look comfy."