

Thumbs up or thumbs down?

Is it a good idea? Circle thumbs up or thumbs down.



I use soap when I wash my hands.



Yes



No

?

I only wash one hand.



Yes



No

?

I wash my hands before I eat.



Yes



No

?

I leave the water running.



Yes



No



Put the story in order

Cut out the pictures. Glue them in order.

1	2	3	4
First	Next	Then	Last

✂ Cut on the dashed lines.



I add soap



I dry my hands



I rinse



I turn on the water

Tell the story

Point to each picture. Say what happens.

First I … Next I … Then I … Last I …



My page

Draw you washing your hands.

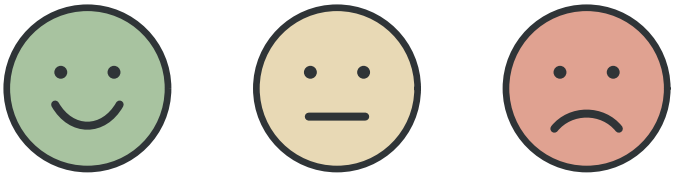
Draw me here

Trace the words.

I can wash my hands.

I can wash my hands.

How do I feel?



For grown-ups

Answers

Thumbs check:

Thumbs up - I use soap when I wash my hands.
Thumbs down - I only wash one hand.
Thumbs up - I wash my hands before I eat.
Thumbs down - I leave the water running.

Story order:

1. I turn on the water 2. I add soap 3. I rinse 4. I dry my hands

How to use this story

- Wash hands at the same times each day: after the toilet, before eating, after playing outside.
- Count to twenty together or sing a short song while scrubbing.
- Read the story before the real moment, when your child is calm.
- Let your child point, nod or use the thumbs cards to answer.
- Change any words to fit your home and your child.