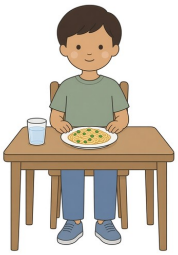


Thumbs up or thumbs down?

Is it a good idea? Circle thumbs up or thumbs down.



I sit on my chair when I eat.

Yes No

?

I take very big bites.

Yes No



I say please when I want more.

Yes No

?

I throw my food.

Yes No



Put the story in order

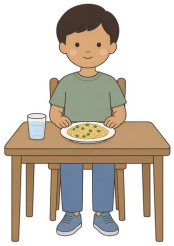
Cut out the pictures. Glue them in order.

1	2	3	4
First	Next	Then	Last

✂ Cut on the dashed lines.



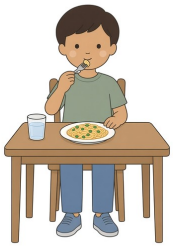
I am finished



I sit at the table



I did it!



I take small bites

Tell the story

Point to each picture. Say what happens.

First I … Next I … Then I … Last I …



My page

Draw you eating at the table.

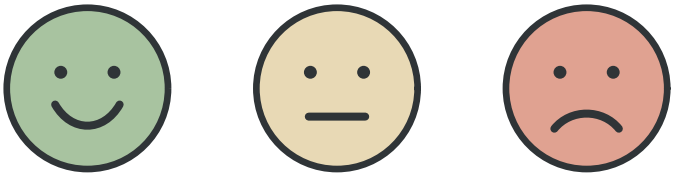
Draw me here

Trace the words.

I can eat at the table.

I can eat at the table.

How do I feel?



For grown-ups

Answers

Thumbs check:

Thumbs up - I sit on my chair when I eat.
Thumbs down - I take very big bites.
Thumbs up - I say please when I want more.
Thumbs down - I throw my food.

Story order:

1. I sit at the table 2. I take small bites 3. I am finished 4. I did it!

How to use this story

- Practise one table skill at a time (for example, napkin on lap) and praise it.
- A short break is fine. Use a timer or a picture card so your child knows when to come back.
- Read the story before the real moment, when your child is calm.
- Let your child point, nod or use the thumbs cards to answer.
- Change any words to fit your home and your child.