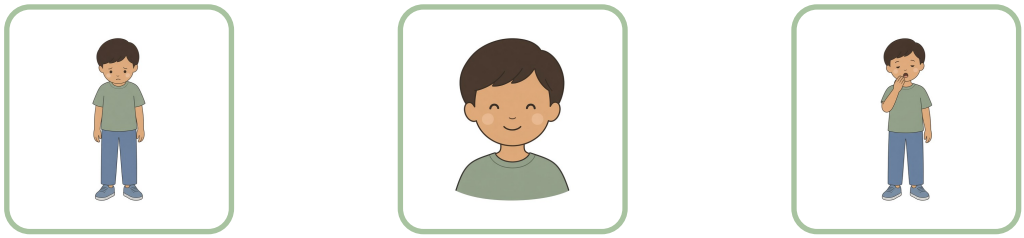
Name: _____

Circle the happy picture.

Look at the pictures. Circle happy.

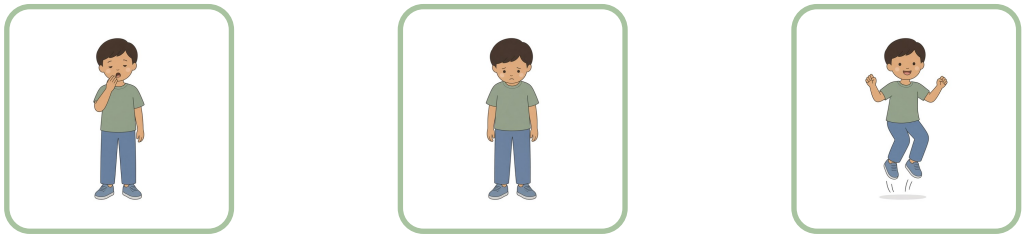
1



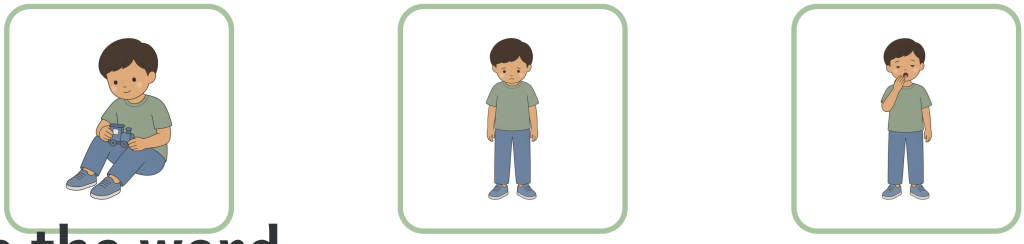
2



3



4



Trace the word.

Trace the word happy.



happy
happy
happy

Name: _____

Things that make Sam happy: cut and glue.

Cut out the pictures. Glue them in Sam's happy box.

Glue here.

✂ Cut on the dashed lines.









How do you show happy?

How do you show happy? Circle your ways.













my way

Name: _____

Match the picture to the word.

Draw a line to the matching word.











hum

smile

laugh

bounce

flap

Fill in the word.

Pick a word from the box. Write it in the space.

flaps · bounces · hums · happy



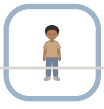
1. Sam _____ their hands.



2. Sam _____ on their toes.



3. Sam _____ a song.

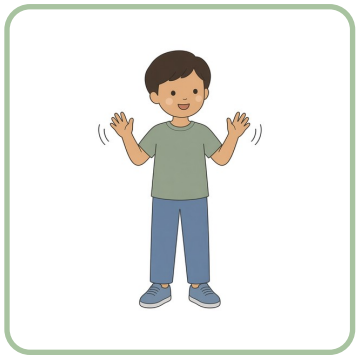


4. Lee says, "I feel _____."

Name: _____

First, next, last.

Put the pictures in order. Write 1, 2, 3.



Sam flaps their hands ☐



Sam feels happy ☐



Sam sees a dog ☐

Thumbs up or thumbs down.

Is it true? Circle thumbs up or thumbs down.

1. Humming can mean happy.

2. You must smile to be happy.

3. Sam can be happy and look away.

4. Happy looks the same for everyone.

Name: _____

My happy list.

Draw or write three happy things.

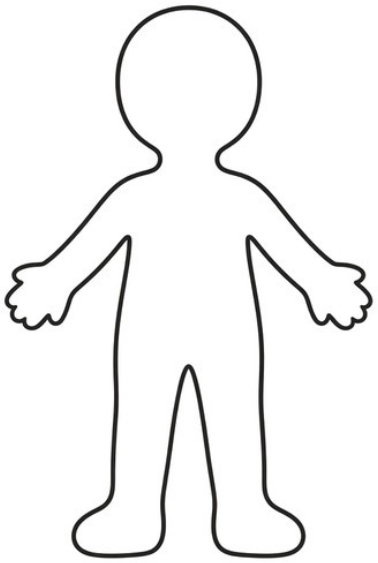
1

2

3

My body and happy.

Where do you feel happy in your body? Color it.



- ☐ smile
- ☐ laugh
- ☐ flap
- ☐ bounce
- ☐ hum
- ☐ quiet
- ☐ my own way: _____

Name: _____

What could I do?

Read the story. Draw or write what you could do.

1. “I am happy. I want my teacher to know.”



Ideas: point to the happy face · say it · use my talker · show a drawing

2. “I am happy. I want to hug my friend.”

3. “My friend is happy. My friend shows happy a different way.”

Today.

Today I felt happy when...

How sure am I?

I know | I think so | I am not sure

Happy · Answers

For grown-ups

Name: _____

Answers

E1: row 1: sam happy; row 2: sam flap hands; row 3: sam bounce; row 4: quiet-smile-train
E2-E4: Any careful try counts. Every picture can go in the box. Any answer is right for the child's own ways.
D1: sam flap hands = flap; sam bounce = bounce; sam hum = hum; laugh = laugh; quiet-smile-train = smile
D2: 1. flaps; 2. bounces; 3. hums; 4. happy
D3: 1. Sam sees a dog; 2. Sam feels happy; 3. Sam flaps their hands
D4: 1. thumbs up (true); 2. thumbs down (not true); 3. thumbs up (true); 4. thumbs down (not true)
A1-A4: The child's own answers are all right. Suggestions: ask first, or give a high five. that is OK, it is their way.

Tips for grown-ups

- Happy can look like flapping, bouncing, humming, rocking, sounds or a quiet face. Please do not ask the child to stop these or to "show" a smile.
- Do not require eye contact. Looking away can help a child think and feel.
- Believe the child's own report: "I feel happy" counts, even with a neutral face.
- Accept any way of answering: speech, AAC, pointing, signing, writing, drawing.
- Name your own feelings out loud: "I feel happy. My hands want to clap."
- Make a "happy things" list together and keep it for hard days.