Embarrassed · Emerging

Name: _____

Circle the embarrassed picture.

Look at the pictures. Circle embarrassed.

1



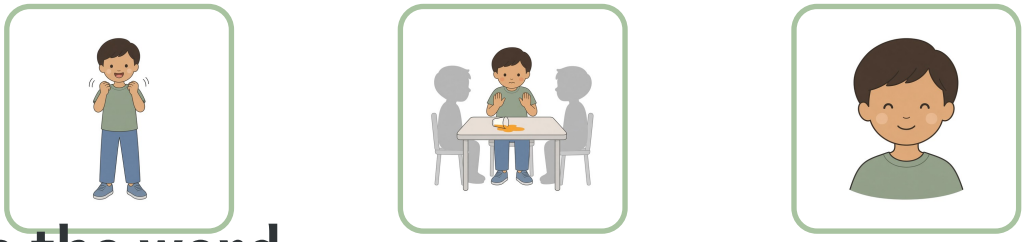
2



3



4



Trace the word.

Trace the word embarrassed.



embarrassed

embarrassed

embarrassed

Name: _____

Things that help embarrassed: cut and glue.

Cut out the pictures. Glue them in the help box.

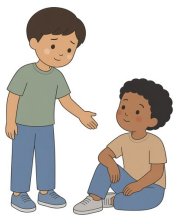
Glue here.

✂ Cut on the dashed lines.









How does embarrassed look for you?

How does embarrassed look for you? Circle your ways.









my way

Name: _____

Match the picture to the word.

Draw a line to the matching word.











hot face

cover face

trip

spill

wipe up

Fill in the word.

Pick a word from the box. Write it in the space.

spills · trips · wipes · backward



1. Sam _____ the juice.



2. Sam _____ on the step.



3. Sam _____ up the spill.

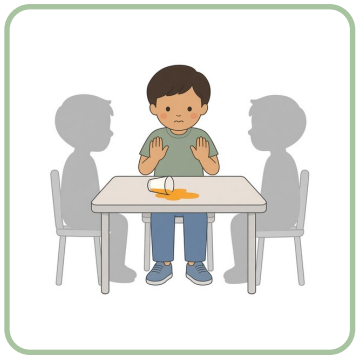


4. Sam's shirt is on _____.

Name: _____

First, next, last.

Put the pictures in order. Write 1, 2, 3.



Sam spills the juice ☐



Sam wipes up the spill ☐



Sam feels embarrassed ☐

Thumbs up or thumbs down.

Is it true? Circle thumbs up or thumbs down.

1. Mistakes happen to everyone.



2. A mistake makes me bad.



3. Kind words to myself can help.



4. Laughing at a friend who falls is kind.



Name: _____

My kind words.

Draw or write three kind things to say to yourself.

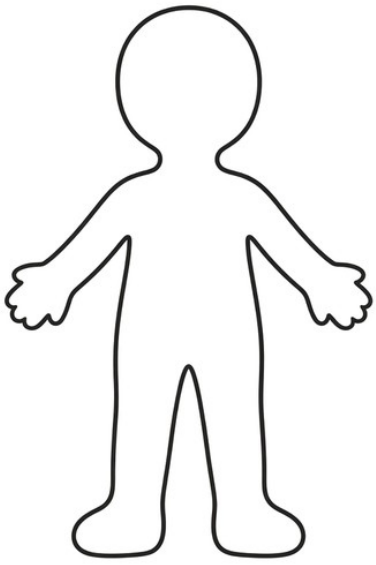
1

2

3

My body and embarrassed.

Where do you feel embarrassed in your body? Color it.



- ☐ hot face
- ☐ red cheeks
- ☐ want to hide
- ☐ tight tummy
- ☐ look down
- ☐ nervous laugh
- ☐ want to run
- ☐ my own way: _____

Name: _____

What could I do?

Read the story. Draw or write what you could do.

1. “I spill my drink.”

2. “I give a wrong answer.”

3. “Lee trips and falls.”

Today.

Today I felt embarrassed when...

What kind words helped?

Embarrassed · Answers

For grown-ups

Name: _____

Answers

E1: row 1: sam embarrassed; row 2: cover-face; row 3: look-down; row 4: juice-spill
E2-E4: Any careful try counts. Every picture can go in the box. Any answer is right for the child's own ways.
D1: sam embarrassed = hot face; cover-face = cover face; juice-spill = spill; trip = trip; wipe-spill = wipe up
D2: 1. spills; 2. trips; 3. wipes; 4. backward
D3: 1. Sam spills the juice; 2. Sam feels embarrassed; 3. Sam wipes up the spill
D4: 1. thumbs up (true); 2. thumbs down (not true); 3. thumbs up (true); 4. thumbs down (not true)
A1-A4: The child's own answers are all right. Suggestions:

Tips for grown-ups

- Normalize mistakes. Share your own: "I spilled my coffee today. Oops. I wiped it up."
- Never tease or make a child's mistake into a joke in front of others.
- Some children laugh when embarrassed or anxious. It is not rudeness.
- Offer a private way to fix things (a quiet word, a spare shirt) rather than public correction.
- Teach a short self-talk line: "Mistakes happen. I can fix it."
- Autistic children may not always know what others find embarrassing; explain literally and kindly.