Level 1 · Emerging

Name: _____

Cutting My Nails

1 Circle the picture that matches the word.

Sit with a grown-up



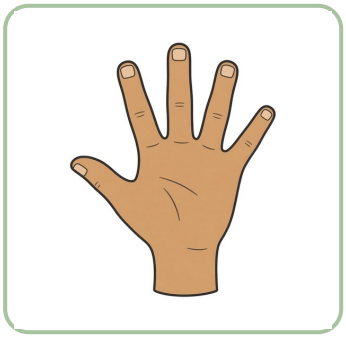
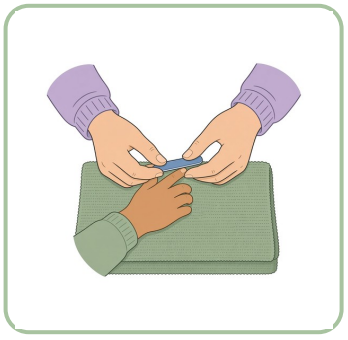


Hold still





Tidy up

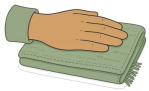




Level 1 · Emerging

Name: _____

Cutting My Nails

2 Trace the words.



hand on the towel



hold still



file the edges

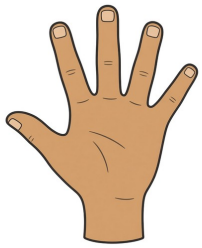
3 Cut and glue. What comes first, next, last?

1 First

2 Next

3 Last

✂ Cut on the dashed lines.





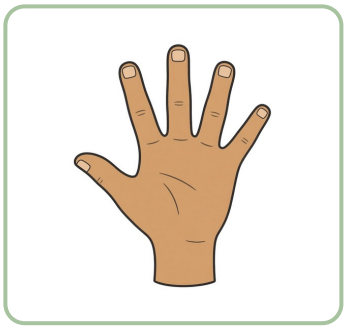


Level 2 · Developing

Name: _____

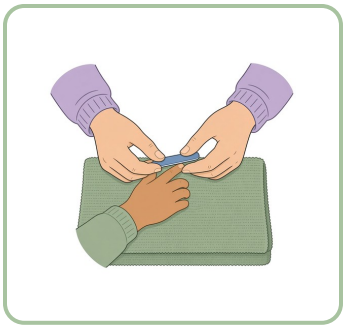
Cutting My Nails

1 Number the pictures in order. Write 1 to 7.



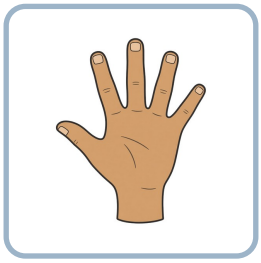
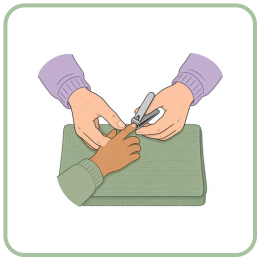
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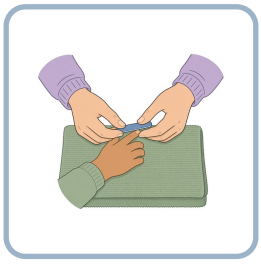




☐ ☐ ☐

2 What comes next? Circle the picture.


→ ?




→ ?



Level 2 · Developing

Name: _____

Cutting My Nails

3 Match the picture to the word. Draw a line.



- Hand on the towel



- Hold still



- Do the other hand



- Tidy up

4 Fill in the missing word.

Word bank: file · hold · sit

I _____ with a grown-up.

I _____ still.

I _____ the edges.

Level 3 · Applying

Name: _____

Cutting My Nails

1 How I get my nails cut. Draw or write 4 steps.

1

_____

2

_____

3

_____

4

_____

2 How did cutting my nails feel? Circle one.

Easy

OK

Hard

Level 3 · Applying

Name: _____

Cutting My Nails

3 What do I do if...? Circle a good idea.

The clipper sound bothers me.



Wear ear defenders



Take a deep breath

I can:

_____

I want to stop.



Ask for a short break



Tell my grown-up

I can:

_____

4 My nail checklist. Tick each step.



Sit with a grown-up ☐



Hand on the towel ☐



Spread your fingers ☐



Hold still ☐



File the edges ☐



Do the other hand ☐



Tidy up ☐



Answers & tips for grown-ups

Answers

- Level 1, part 1 (circle): Sit with a grown-up; Hold still; Tidy up.
- Level 1, part 3 (cut and glue): 1 sit with a grown-up, 2 spread your fingers, 3 tidy up.
- Level 2, part 1 (number), left to right: 6, 3, 7, 1 / 5, 2, 4.
- Level 2, part 2 (what comes next): hold still; do the other hand.
- Level 2, part 3 (match): each picture goes with its own step - picture 1: Tidy up, picture 2: Hand on the towel, picture 3: Do the other hand, picture 4: Hold still.
- Level 2, part 4 (fill in): sit, hold, file.
- Level 3: there are no wrong answers. Praise any safe, calm idea.

Tips

- Pick one level. Start with the easiest one, and stop while it is still fun.
- Read every word aloud. Point to each picture as you say it.
- Give extra time. Wait quietly before you help.
- Cutting and gluing can be done hand-over-hand or by a grown-up.
- Your child's real routine matters most. Change the order to match your home.
- Use the H5P games and audio on autistichub.com for more practice.