Level 1 · Emerging

Name: _____

# Brushing My Teeth

## 1 Circle the picture that matches the word.

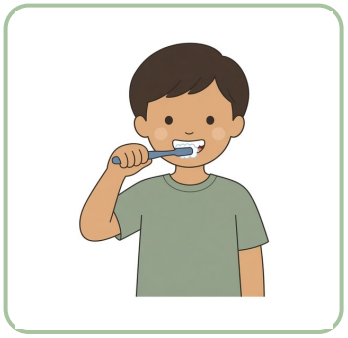
### Add toothpaste





### Spit in the sink





### Put it away





Level 1 · Emerging

Name: _____

# Brushing My Teeth

## 2 Trace the words.



add toothpaste



spit in the sink



put it away

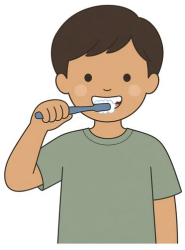
## 3 Cut and glue. What comes first, next, last?

1 First

2 Next

3 Last

✂ Cut on the dashed lines.





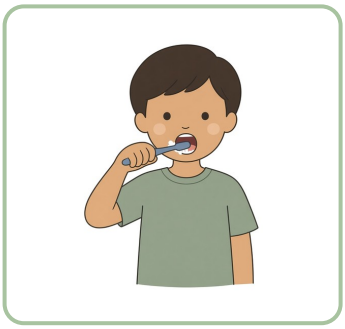


Level 2 · Developing

Name: _____

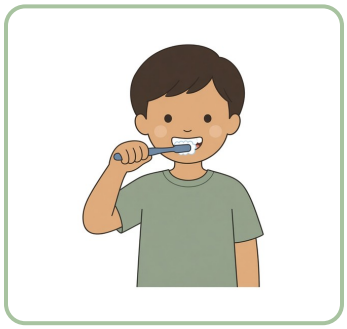
# Brushing My Teeth

## 1 Number the pictures in order. Write 1 to 7.


☐


☐


☐

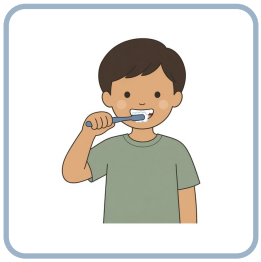

☐


☐


☐


☐

## 2 What comes next? Circle the picture.


→ ?






→ ?





Level 2 · Developing

Name: _____

# Brushing My Teeth

## 3 Match the picture to the word. Draw a line.



- Get toothbrush



- Add toothpaste



- Spit in the sink



- Put it away

## 4 Fill in the missing word.

**Word bank: spit · brush · add**

I _____ a little toothpaste.

I _____ my teeth.

I _____ in the sink.

Level 3 · Applying

Name: _____

# Brushing My Teeth

## 1 How I brush my teeth. Draw or write 4 steps.

1

_____

2

_____

3

_____

4

_____

## 2 How did brushing my teeth feel? Circle one.

Easy

OK

Hard

Level 3 · Applying

Name: _____

# Brushing My Teeth

## 3 What do I do if...? Circle a good idea.

### The toothpaste tastes too strong.



Ask for a milder one



Take a deep breath

I can: _____

### Brushing feels too long.



Use a timer



Look at my steps

I can: _____

## 4 My tooth-brushing checklist. Tick each step.



Get toothbrush ☐



Add toothpaste ☐



Brush the front ☐



Brush the back ☐



Spit in the sink ☐



Rinse the brush ☐



Put it away ☐



# Answers & tips for grown-ups

## Answers

- Level 1, part 1 (circle): Add toothpaste; Spit in the sink; Put it away.
- Level 1, part 3 (cut and glue): 1 add toothpaste, 2 brush the front, 3 put it away.
- Level 2, part 1 (number), left to right: 4, 1, 6, 3 / 7, 2, 5.
- Level 2, part 2 (what comes next): brush the back; rinse the brush.
- Level 2, part 3 (match): each picture goes with its own step - picture 1: Spit in the sink, picture 2: Add toothpaste, picture 3: Put it away, picture 4: Get toothbrush.
- Level 2, part 4 (fill in): add, brush, spit.
- Level 3: there are no wrong answers. Praise any safe, calm idea.

## Tips

- Pick one level. Start with the easiest one, and stop while it is still fun.
- Read every word aloud. Point to each picture as you say it.
- Give extra time. Wait quietly before you help.
- Cutting and gluing can be done hand-over-hand or by a grown-up.
- Your child's real routine matters most. Change the order to match your home.
- Use the H5P games and audio on autistichub.com for more practice.