Level 1 · Emerging

Name: _____

My After-School Routine

1 Circle the picture that matches the word.

Come home







Have a snack







Play







Level 1 · Emerging

Name: _____

My After-School Routine

2 Trace the words.



come home



have a snack



play

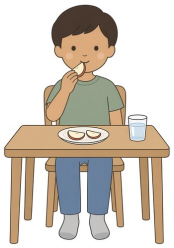
3 Cut and glue. What comes first, next, last?

1 First

2 Next

3 Last

✂ Cut on the dashed lines.







Level 2 · Developing

Name: _____

My After-School Routine

1 Number the pictures in order. Write 1 to 7.






☐ ☐ ☐ ☐





☐ ☐ ☐

2 What comes next? Circle the picture.


→ ?




→ ?



Level 2 · Developing

Name: _____



My After-School Routine

3 Match the picture to the word. Draw a line.



- Come home



- Do homework



- Take off shoes



- Play

4 Fill in the missing word.

Word bank: eat · wash · take

I _____ my hands.

I _____ off my shoes.

I _____ my snack.

Level 3 · Applying

Name: _____



My After-School Routine

1 My after-school routine. Draw or write 4 steps.

1 _____

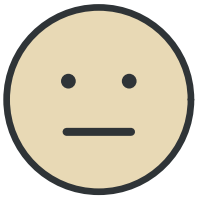
2 _____

3 _____

4 _____

2 How did my afternoon feel? Circle one.

 Easy

 OK

 Hard

Level 3 · Applying

Name: _____

My After-School Routine

3 What do I do if...? Circle a good idea.

My homework feels too hard.



Ask for help



Take a short break

I can: _____

I feel tired and grumpy.



Take a deep breath



Drink some water

I can: _____

4 My after-school checklist. Tick each step.



Come home ☐



Do homework ☐



Take off shoes ☐



Play ☐



Wash hands ☐



Help tidy up ☐



Have a snack ☐



Answers & tips for grown-ups

Answers

- Level 1, part 1 (circle): Come home; Have a snack; Play.
- Level 1, part 3 (cut and glue): 1 come home, 2 have a snack, 3 play.
- Level 2, part 1 (number), left to right: 5, 1, 7, 3 / 6, 2, 4.
- Level 2, part 2 (what comes next): wash hands; do homework.
- Level 2, part 3 (match): shoes - Take off shoes, blocks - Play, bag - Come home, pencil - Do homework.
- Level 2, part 4 (fill in): wash, take, eat.
- Level 3: there are no wrong answers. Praise any safe, calm idea.

Tips

- Pick one level. Start with the easiest one, and stop while it is still fun.
- Read every word aloud. Point to each picture as you say it.
- Give extra time. Wait quietly before you help.
- Cutting and gluing can be done hand-over-hand or by a grown-up.
- Your child's real routine matters most. Change the order to match your home.
- Use the H5P games and audio on autistichub.com for more practice.