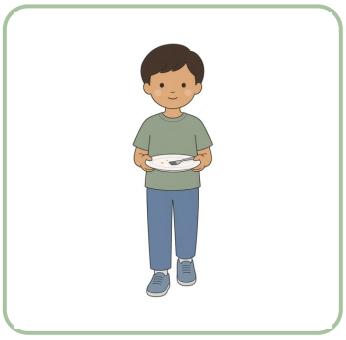
Level 1 · Emerging

Name: _____

Cleaning Up After a Meal

1 Circle the picture that matches the word.

Carry my plate





Wipe the table





All clean





Level 1 · Emerging

Name: _____

Cleaning Up After a Meal

2 Trace the words.



carry my plate



wipe the table



all clean

3 Cut and glue. What comes first, next, last?

1 First

2 Next

3 Last

✂ Cut on the dashed lines.







Level 2 · Developing

Name: _____

Cleaning Up After a Meal

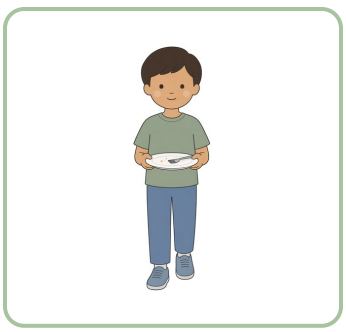
1 Number the pictures in order. Write 1 to 7.

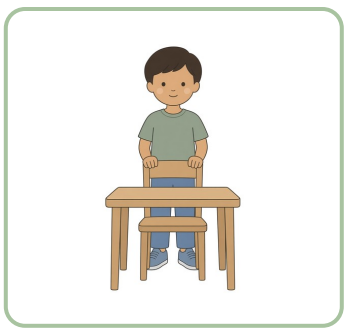

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2 What comes next? Circle the picture.


→ ?






→ ?





Level 2 · Developing

Name: _____

Cleaning Up After a Meal

3 Match the picture to the word. Draw a line.



- Carry my plate



- Scrape the plate



- Wipe the table



- Push in my chair

4 Fill in the missing word.

Word bank: carry · push · wipe

I _____ my plate.

I _____ the table.

I _____ in my chair.

Level 3 · Applying

Name: _____

Cleaning Up After a Meal

1 How I clean up after a meal. Draw or write 4 steps

1

_____

2

_____

3

_____

4

_____

2 How did cleaning up feel? Circle one.

Easy

OK

Hard

Level 3 · Applying

Name: _____

Cleaning Up After a Meal

3 What do I do if...? Circle a good idea.

I do not like touching the scraps.



Ask for help



Take a short break

I can: _____

I spill something.



Take a deep breath



Tell a grown-up

I can: _____

4 My clean-up checklist. Tick each step.



Carry my plate ☐



Scrape the plate ☐



Plate in the sink ☐



Cup in the sink ☐



Wipe the table ☐



Push in my chair ☐



All clean ☐



Answers & tips for grown-ups

Answers

- Level 1, part 1 (circle): Carry my plate; Wipe the table; All clean.
- Level 1, part 3 (cut and glue): 1 carry my plate, 2 wipe the table, 3 all clean.
- Level 2, part 1 (number), left to right: 5, 2, 7, 4 / 1, 6, 3.
- Level 2, part 2 (what comes next): scrape the plate; push in my chair.
- Level 2, part 3 (match): each picture goes with its own step - picture 1: Wipe the table, picture 2: Scrape the plate, picture 3: Push in my chair, picture 4: Carry my plate.
- Level 2, part 4 (fill in): carry, wipe, push.
- Level 3: there are no wrong answers. Praise any safe, calm idea.

Tips

- Pick one level. Start with the easiest one, and stop while it is still fun.
- Read every word aloud. Point to each picture as you say it.
- Give extra time. Wait quietly before you help.
- Cutting and gluing can be done hand-over-hand or by a grown-up.
- Your child's real routine matters most. Change the order to match your home.
- Use the H5P games and audio on autistichub.com for more practice.