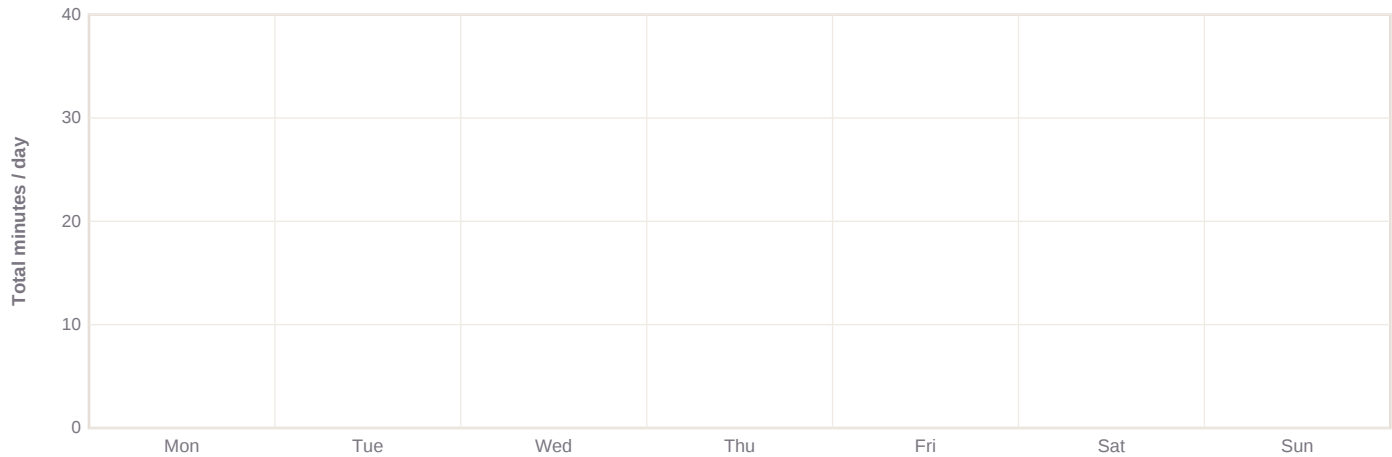


Example: 2 tantrums today — 9:10–9:18 (8 min) and 1:30–1:41 (11 min). Total 19 min, average 9.5 min. Plot the daily total below to watch the trend.

Trend — plot total minutes per day



Are episodes getting shorter over the week? _____

Longest episode — what was happening? _____

One thing that helped it end sooner: _____