



Saying Please and Thank you Activity

Autism & ABA Therapy Social Skills

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Activity Title:

"Polite Words Adventure: Learning 'Please' and 'Thank You'"

Objective:

To help the child with autism understand and practice using the words "please" and "thank you" in appropriate contexts.

Materials Needed:

- Polite Words Cards: Cards with images or scenarios where "please" and "thank you" should be used.
- Reward Chart: A chart to track the child's use of "please" and "thank you."
- Small Rewards: Stickers or tokens to mark successes on the reward chart.

Activity Setup:

Prepare Polite Words Cards:

- Create or select cards depicting various scenarios where polite words like "please" and "thank you" can be used (e.g., asking for a toy, receiving a gift).

Set Up a Reward Chart:

- Create a simple chart where the child can add a sticker or token each time they successfully use "please" or "thank you."

Activity Steps with Examples:

Introducing Polite Words:

- Start by explaining the importance of polite words: "Saying 'please' and 'thank you' is a nice way to talk to people. It shows we are kind and grateful."

Using Polite Words Cards:

- Show a Polite Words Card.
- Example Scenario 1: A card showing someone giving a child a snack.
- Discuss the appropriate response: "What should we say when someone gives us something?"

Role-Playing Scenarios:

- Act out the scenarios on the cards with the child.
- Example Scenario 2: Role-play asking for a toy politely.
- Prompt the child to use "please" and "thank you" in the scenario.

Rewarding Polite Expressions:

- Each time the child successfully uses "please" or "thank you," praise them and add a sticker or token to the reward chart.
- Example Praise: "Great job saying 'thank you' when you received the toy! Let's add a sticker to your chart."

Reflecting on the Use of Polite Words:

- At the end of the activity, review the reward chart with the child.
- Discuss how using polite words made them and others feel.

Skills Targeted:

- Social Communication: Using polite words in social interactions.
- Gratitude Expression: Showing appreciation when receiving something.
- Requesting Politely: Asking for things using "please."
- Positive Reinforcement: Understanding the value of positive social behaviors.

Tips:

- Ensure the scenarios are relatable and understandable to the child.
- Use clear, simple language to explain the importance of polite words.
- Be patient and provide gentle prompts or reminders as needed.

- Celebrate every success, no matter how small, to encourage the child.