



# Negotiation and Conflict Resolution

## Autism & ABA Therapy Social Skills

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### Activity Title:

"Problem-Solving Pals: Learning to Negotiate and Resolve Conflicts"

### Objective:

To help the child with autism develop skills in negotiation and conflict resolution through guided role-play and problem-solving scenarios.

### Materials Needed:

- Conflict Scenario Cards: Cards with simple, relatable conflict scenarios written on them.
- Resolution Idea Cards: Cards with possible solutions or negotiation strategies.
- A quiet, comfortable space for role-playing activities.

### Activity Setup:

Prepare the Scenario Cards:

- Write or print scenarios that depict common conflicts children might encounter (e.g., disagreements over toys, choosing activities).
- Ensure the scenarios are age-appropriate and simple enough for the child to understand.

Create Resolution Idea Cards:

- These cards should have potential solutions or ways to resolve the conflict (e.g., taking turns, sharing, asking for help).

Select a Calm Space for Role-Playing:

- Choose a space where the child feels at ease and can focus on the role-playing activity.

## **Activity Steps with Example:**

Introducing Conflict Resolution:

- Explain the concepts of negotiation and conflict resolution in simple terms: "Sometimes we have disagreements, but we can solve them by talking and thinking of fair solutions."

Role-Playing a Conflict Scenario:

- Example Scenario: "Alex and Jordan both want to play with the same toy car."
- Act out the scenario with the child, assigning roles (the child can be either Alex or Jordan).

Introducing Resolution Ideas:

- Present the Resolution Idea Cards after acting out the conflict.
- Example Resolution: "Alex and Jordan can take turns playing with the car."

Discussing and Practicing Negotiation:

- Talk about how Alex and Jordan can negotiate. Ask the child, "How can Alex and Jordan decide who plays with the car first?"
- Practice this negotiation in the role-play.

Feedback and Reinforcement:

- Provide positive feedback on the child's participation and ideas.
- Reinforce the concept that negotiation and finding solutions are great ways to solve disagreements.

## **Skills Targeted:**

- Understanding Different Perspectives: Recognizing that others may have different desires or opinions.
- Verbal Communication for Conflict Resolution: Using words to express needs and listen to others' points of view.
- Problem-Solving: Thinking of fair solutions to conflicts.
- Empathy: Understanding and considering others' feelings during a disagreement.