



# Cooperating with Others

## Autism & ABA Therapy Social Skills

For more interactive activity, games and resources visit <https://www.autistichub.com/>

### Activity Title:

"Teamwork Tower: Building Together"

### Objective:

To foster cooperation and teamwork skills by working together to achieve a common goal.

### Materials Needed:

- Building blocks or a simple construction toy set.
- A 'Cooperation Goal' card: A card that describes what structure to build.
- Timer (optional, to add a bit of fun challenge).

### Activity Setup:

Prepare Cooperation Goal Cards:

- Create cards with images or descriptions of simple structures that can be built with the blocks or toy set.
- Example: A card depicting a small house or a simple bridge.

Select a Comfortable Space:

- Choose a space that is comfortable for group activity, with enough room to build.

## **Activity Steps with Example:**

### Introducing Cooperation:

- Explain the concept of cooperation: "Cooperation means working together to do something. When we cooperate, we help each other."

### Selecting a Goal:

- Show the Cooperation Goal card: For example, a card with a picture of a small house.
- Explain that the goal is to build the structure together.

### Team Building Activity:

- Divide the blocks or pieces and start building the structure as depicted on the card.
- Encourage taking turns adding pieces and discussing where each piece should go.
- Example of Cooperation: "Let's decide together where to put the next block to make our house strong."

### Using the Timer (Optional):

- Introduce a timer to make it a fun challenge. Set a reasonable time to complete the building.

### Encouragement and Praise:

- Throughout the activity, encourage communication and praise cooperative efforts.
- Example of Praise: "Great job working together to figure out where to put that piece!"

### Reflection on Teamwork:

- After completing the structure, discuss what was learned about cooperation.
- Example Discussion Question: "How did it feel to work together to build our house?"

## **Skills Targeted:**

- Cooperative Play: Working together to build the structure.
- Communication: Discussing where each piece should go.
- Problem-Solving: Deciding together how to overcome building challenges.
- Sharing: Taking turns with the building blocks.

