

The Adult Autism Spectrum Quotient (AQ)

Ages 16+: Scoring Key

For full details, please see:

S. Baron-Cohen, S. Wheelwright, R. Skinner, J. Martin and E. Clubley, (2001)
[The Autism Spectrum Quotient \(AQ\) : Evidence from Asperger Syndrome/High Functioning Autism, Males and Females, Scientists and Mathematicians](#)
Journal of Autism and Developmental Disorders 31:5-17

Responses that score 1 point are marked. Other responses score 0. For total score, sum all items.

| | | definitely agree | slightly agree | slightly disagree | definitely disagree |
|-----|--|-------------------------|-----------------------|--------------------------|----------------------------|
| 1. | I prefer to do things with others rather than on my own. | | | 1 | 1 |
| 2. | I prefer to do things the same way over and over again. | 1 | 1 | | |
| 3. | If I try to imagine something, I find it very easy to create a picture in my mind. | | | 1 | 1 |
| 4. | I frequently get so strongly absorbed in one thing that I lose sight of other things. | 1 | 1 | | |
| 5. | I often notice small sounds when others do not. | 1 | 1 | | |
| 6. | I usually notice car number plates or similar strings of information. | 1 | 1 | | |
| 7. | Other people frequently tell me that what I've said is impolite, even though I think it is polite. | 1 | 1 | | |
| 8. | When I'm reading a story, I can easily imagine what the characters might look like. | | | 1 | 1 |
| 9. | I am fascinated by dates. | 1 | 1 | | |
| 10. | In a social group, I can easily keep track of several different people's conversations. | | | 1 | 1 |
| 11. | I find social situations easy. | | | 1 | 1 |
| 12. | I tend to notice details that others do not. | 1 | 1 | | |

| | | definitely agree | slightly agree | slightly disagree | definitely disagree |
|-----|---|-------------------------|-----------------------|--------------------------|----------------------------|
| 13. | I would rather go to a library than a party. | 1 | 1 | | |
| 14. | I find making up stories easy. | | | 1 | 1 |
| 15. | I find myself drawn more strongly to people than to things. | | | 1 | 1 |
| 16. | I tend to have very strong interests which I get upset about if I can't pursue. | 1 | 1 | | |
| 17. | I enjoy social chit-chat. | | | 1 | 1 |
| 18. | When I talk, it isn't always easy for others to get a word in edgeways. | 1 | 1 | | |
| 19. | I am fascinated by numbers. | 1 | 1 | | |
| 20. | When I'm reading a story, I find it difficult to work out the characters' intentions. | 1 | 1 | | |
| 21. | I don't particularly enjoy reading fiction. | 1 | 1 | | |
| 22. | I find it hard to make new friends. | 1 | 1 | | |
| 23. | I notice patterns in things all the time. | 1 | 1 | | |
| 24. | I would rather go to the theatre than a museum. | | | 1 | 1 |
| 25. | It does not upset me if my daily routine is disturbed. | | | 1 | 1 |
| 26. | I frequently find that I don't know how to keep a conversation going. | 1 | 1 | | |
| 27. | I find it easy to "read between the lines" when someone is talking to me. | | | 1 | 1 |
| 28. | I usually concentrate more on the whole picture, rather than the small details. | | | 1 | 1 |
| 29. | I am not very good at remembering phone numbers. | | | 1 | 1 |
| 30. | I don't usually notice small changes in a situation, or a person's appearance. | | | 1 | 1 |
| 31. | I know how to tell if someone listening to me is getting bored. | | | 1 | 1 |

| | | | | | |
|-----|--|-------------------------|-----------------------|--------------------------|----------------------------|
| 32. | I find it easy to do more than one thing at once. | | | 1 | 1 |
| | | definitely agree | slightly agree | slightly disagree | definitely disagree |
| 33. | When I talk on the phone, I'm not sure when it's my turn to speak. | 1 | 1 | | |
| 34. | I enjoy doing things spontaneously. | | | 1 | 1 |
| 35. | I am often the last to understand the point of a joke. | 1 | 1 | | |
| 36. | I find it easy to work out what someone is thinking or feeling just by looking at their face. | | | 1 | 1 |
| 37. | If there is an interruption, I can switch back to what I was doing very quickly. | | | 1 | 1 |
| 38. | I am good at social chit-chat. | | | 1 | 1 |
| 39. | People often tell me that I keep going on and on about the same thing. | 1 | 1 | | |
| 40. | When I was young, I used to enjoy playing games involving pretending with other children. | | | 1 | 1 |
| 41. | I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant, etc.). | 1 | 1 | | |
| 42. | I find it difficult to imagine what it would be like to be someone else. | 1 | 1 | | |
| 43. | I like to plan any activities I participate in carefully. | 1 | 1 | | |
| 44. | I enjoy social occasions. | | | 1 | 1 |
| 45. | I find it difficult to work out people's intentions. | 1 | 1 | | |
| 46. | New situations make me anxious. | 1 | 1 | | |
| 47. | I enjoy meeting new people. | | | 1 | 1 |
| 48. | I am a good diplomat. | | | 1 | 1 |
| 49. | I am not very good at remembering people's date of birth. | | | 1 | 1 |
| 50. | I find it very easy to play games with children that involve pretending. | | | 1 | 1 |

